

# Center Preview—2019-2020

Edition: July 25, 2019



Franciscan Spiritual Center

Franciscan Spiritual Center

609 S. Convent Road

Aston, PA 19014

(610-558-6152)

Email: fsc@osfphila.org

Visit our website at [www.fscaston.org](http://www.fscaston.org)

## Weekend Programs

Friday, 7:00 p.m. to Sunday, 11:00 a.m.

Unless otherwise indicated \$190 residents (overnight accommodations)/ \$140 commuters \$50 deposit

### Centering Prayer and the Heart of Mysticism

September 13-15, 2019

Therese Saulnier

### Treat Yourself to a Sacred Time-Out: Come and Refill Your Well

September 20-22, 2019

Mercedes Rojo OSF

### “Celebrating Four Gifts of Autumn”

October 18-20, 2019

Melannie Svoboda SND

### Heightened Awareness/ TCC

November 1-3, 2019

April Leffler

### Stars at Night

November 15-17, 2019

Paula D’Arcy

\$200 Resident \$150 Commuter \$50 Deposit

### Advent Wisdom of the SAINTS and PROPHETS

December 6-8, 2019

Brother Mickey McGrath

### Advent Retreat: “Come Darkness, Come Light”:

#### The Journey of the Magi

December 13-15, 2019

Clare D’Auria OSF

### Spirituality Solutions to Addiction: for Women

January 10-12, 2020

Marguerite Walsh SSJ

### T’ai Chi Chih Retreat

January 24-26, 2020 option of additional day (Jan 27)

Antonia Cooper OSF

\$190 resident/\$140 commuter (weekend)

\$240 includes additional day

### Spirit Alive: In The Midst of Persons With AIDS

(exclusively for persons with HIV/AIDS)

January 31-February 2, 2020

Bernadette Kinniry RSM, Br. Bob Thornton OSA

\$30 (Sponsored Program)

### HIV/AIDS Caregivers, Spirit Alive

February 7-9, 2020

Bernadette Kinniry RSM, Br Bob Thornton OSA

\$70 (Sponsored Program)

### “The Story of Martha and Mary”: Befriending Sisterhood

#### Weekend of Prayer for Women

February 21-23, 2020

Clare D’Auria OSF

### “Come Apart and Rest Awhile”: The Landscape of Prayer

#### A Lenten Retreat Weekend

March 13-15, 2020

Clare D’Auria OSF

### Standing at the Edge of Holy Week

April 3-5, 2020

Chris Koellhoffer IHM

### Meeting Our Foremothers: Celebrating the

#### Wisdom Women in our Lives

April 24-26, 2020

Mercedes Rojo OSF

### Directed Retreat Weekend

May 1-3, 2020

Julia Keegan OSF Kathleen Gannon OSF, Mary

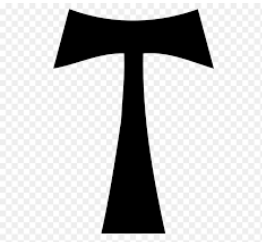
Walsh OSF

**Registration for September, 2019 to August, 2020 begins on Tuesday, May 1, 2019.**

There are 3 registration options (US mail, Credit Card on [www.fscaston.org](http://www.fscaston.org) or drop registration off at the Spiritual Center). Deposit with registration form needed at time of registration. **We will prioritize those registrations arriving ON or AFTER May 1st, 2019.**

## Day Program

10:00 a.m. to 3:00 p.m. \$40 (includes lunch) \$10 deposit

<p><b>Basketry: An Experience of Touching the Holy</b> October 12, 2019 and/or February 8, 2020 9:30 AM to 3:00 PM Jeanne Nisley OSF \$55 (includes materials)</p> <p><b>East Meets West: Spiritual Wisdom of Anthony De Mello SJ</b> October 26, 2019 Wini Wolff -9:00—4:00 PM</p> <p><b>Introduction to Focusing</b> October 26, 2019 Mary Walsh OSF</p> <p><b>Living Mindfully: A Day of Mindfulness Meditation to Return to Presence</b> November 2, 2019 Susan Long</p> <p><b>Introduction to Centering Prayer</b> November 2, 2019 or February 8, 2020 Mary Walsh OSF</p> <p><b>Grieving our Losses: Living our Hope</b> November 5, 2019 Program will end at 2:00 PM Jean Ustasiewski OSF/Mary Lou Pappolla Free Will Offering</p>	<p><b>A Day for Myself: Personal Day of Prayer</b> November 13, 2019 &amp; March 12, 2020 Marie Angela Presenza OSF Free Will Offering</p> <p><b>Encounters with Jesus: Invitations and Challenges</b> November 19, 2019 Mercedes Rojo OSF</p> <p><b>Advent Ritual: Card Writing Day</b> December 4, 2019 Marie Angela Presenza OSF Free Will Offering</p> <p><b>Advent Day of Prayer: Franciscan Spirituality and the Cosmic Christ</b> December 11, 2019 Julia Keegan OSF</p> <p><b>Encounters with Jesus: Courage to be Whole</b> February 20, 2020 Mercedes Rojo OSF</p> <p><b>Heightened Awareness</b> March 4, 2020 April Leffler</p>	<p><b>Day of Prayer: Journey of a Celtic Heart</b> March 9, 2020 Carmel Boyle</p> <p><b>Lenten Day of Prayer: Learning to be Empty and fully Present to God's Grace</b> March 11, 2020 Julia Keegan OSF</p> <p><b>World Contemplative Spiritualities</b> April 28, 2020 Wini Wolff 9:00 am-4:00 pm</p> <p><b>Professional Day for Spiritual Directors: Nurturing a Discerning Heart: Gifts and Capacities for Spiritual Discernment</b> May 1, 2020 Karen Doyle SSJ \$50 (includes Lunch) \$20 deposit</p> <div style="text-align: center; margin-top: 20px;">  </div>
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### Spirituality For The Wisdom Years

<p><b>Day Programs for Seniors</b> 10:00 a.m.—3:00 p.m. \$30 (includes lunch)</p>	<p><b>Weekday Retreats for Seniors</b> 7:00 p.m. first night; 11:00 a.m. last day \$80 (\$10 deposit)</p>
<p><b>Would the Real Perfection of God, Please Stand Up!</b> May 13, 2020 Rose Mary Eve Holter OSF</p>	<p><b>“The Grass is Greener”: Shepherding Our Senior Years</b> September 24-26, 2019 OR October 29-31, 2019 Clare D’Auria OSF</p> <p><b>The Art of Forgiveness</b> April 21-23, 2020 Rose Mary Eve Holter OSF</p>

### Morning and Evening Program Options

(\$75 for series with \$20 deposit unless otherwise noted)

<p><b>BioSpiritual Focusing I: Inner Listening</b> October 9, 16, 23, 30, 2019 or March 4, 11, 18, 25, 2020 9:30 a.m.—11:30 a.m. or 6:30 p.m. to 8:30 p.m. Mary Walsh OSF</p>	<p><b>Spiritual Direction: Is It For You?</b> November 7, 2019 or February 6, 2020 9:30 a.m.—11:30 a.m. or 6:30 p.m.—8:30 p.m. Mary Walsh OSF Free Will Offering</p>	<p><b>Bio Spiritual Focusing II: Inner Listening</b> May 7, 14, 21, 28, 2020 9:30 a.m.—11:30 a.m. or 6:30 p.m.—8:30 p.m. Mary Walsh OSF</p>
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## Morning, Afternoon, and Evening Programs

### Women's Awareness Salon:

**Seeing the Sacred in the Ordinary**  
 September 5, October 3, November 7,  
 2019, January 9, February 6, March 5,  
 April 2, 2020  
 10 a.m. to 12 p.m. — \$15 each session  
 Facilitators: Marge Richards, Renee Eells  
 Guest Presenters

### Men's Spirituality Group Gatherings:

Tuesday evenings (every other week)  
**(9/10, 9/24, 10/8, 10/22, 11/5, 11/19, 12/3,  
 12/17, 1/14, 1/28, 2/11, 2/25, 3/10, 3/24, 4/7,  
 4/21, 5/5, 4/19)**  
 Facilitator: Fritz Haas  
 Free Will Offering

### Yoga

September 9, 16, 23, 30; October 7, 14, 21, 28;  
 November 4, 11, 2019 and/or March 2, 16, 23,  
 30; April 6, 13, 20, 27; May 4, 11, 2020  
 7:00 p.m.—8:30 p.m.  
 Maryanne Williams  
 \$75 (\$25 deposit) each series

### "Dancing With the Spirit": The Seven Joys of Our Lady

Morning Series: 2nd Tuesday of the month  
 September 10, October 8, November 12, ,  
 December 10, 2019, January 14, February  
 11, March 10, April 14, May 12, 2020  
 10:00 a.m.—12:00 p.m.  
 Clare D'Auria OSF  
 \$15 Each Session

### T'ai Chi Chih

Eight weekly sessions beginning  
 Thursday, September 12, 2019  
 6:30 p.m.—7:45 p.m.  
 April Leffler  
 \$75 (series) \$25 deposit

### Centering Prayer Group

Third Saturday of each month  
 Beginning September 21, 2019 through  
 August 15, 2020  
 10:30 a.m. — 11:30 a.m.  
 Julia Keegan OSF, Free Will Offering

### Conversations in Faith

October 23, 30; November 6, 13, 20, 2019  
 6:30 pm—7:45 pm  
 Patricia Smith OSF  
 Free Will Offering

### Taize Prayer

**Advent Theme:** December 12, 2019  
**Lenten Theme:** March 19, 2020  
 7:00 p.m. to 8:00 p.m.  
 Andrea Likovich OSF  
 Free Will Offering

### T'ai Chi Chih

Eight weekly sessions beginning Tuesday,  
 March 3, 2020  
 6:30 p.m.—7:45 p.m.  
 Christa Marie Thompson OSF  
 \$75 (series) \$25 deposit

### Celtic Spirituality

March 9, 2020  
 Carmel Boyle  
 \$40 (includes dinner @ 5:15 pm)  
 \$30 (program only, @ 6:30)  
**If attending Day of Prayer, March 9  
 and Evening Program (with dinner) \$65**

### Celebration of the Passover Seder

March 26, 2020  
 6:30 p.m.—7:30 p.m.  
 Presenter: Rabbi Nathan Martin  
 Free Will Offering



## Special Events

### Icon Painting:

**Writing an Icon of Our Lady of Guadalupe**  
 Begins at 12 Noon on Sunday September 15  
 and ends on September 20, 2019  
 Christopher Marie Wagner OSF  
 \$355 (includes supplies)

### Praying with St. Francis and the Sultan

October 11-12, 2019  
 Beginning Friday, 7:00 p.m. through Saturday afternoon  
 Michael Calabria OFM  
 \$30 resident/ \$20 commuter (includes lunch)

### Anniversary Concert: Love and Grace

October 6, 2019  
 Dan Shutte  
 1:00 p.m. to 4:00 p.m.  
 Cost \$30

### Annual Charism Day

**"Justice and Joy in Challenging Times"**  
 March 22, 2020  
 Sr. Simone Campbell SSS  
 1:00 p.m. to 4:00 p.m.  
 \$30

### Spiritual Direction

\$40 per session (scholarships available)

## Longer Retreats

\$475 (unless otherwise noted) \$75 deposit

<p><b>Guided Retreat</b>  <b>“A Spirituality on Film (Part 3): Creation of God’s Redemptive Love”</b>                  October 21 to October 27, 2019                  Michael Laratonda FMS</p> <p><b>Triduum Retreat</b>                  April 9-12, 2020                  \$175 (\$50 deposit)</p> <p><b>Preached Retreat: His Name is Holy</b>                  May 18 to 24, 2020                  Fr. Tom Hartle OFM</p> <p><b>Preached Retreat:</b>  <b>“Our God Tells Stories”</b>                  June 12-18, 2020                  Fr. Anthony Ciorra</p> <p><b>Franciscan Solitude Extended Experience</b>                  (at Clare House and the Hermitages)                  June 12 to 18, 2020                  Jean Ustasiewski OSF</p> <p><b>Guided Retreat</b></p>	<p><b>“A Spirituality on Film (Part 3): Creation of God’s Redemptive Love”</b>                  July 13 to 19, 2020                  Michael Laratonda FMS</p> <p><b>Directed Retreat</b>                  July 25-31, 2020                  Mary Walsh OSF, Kathleen Gannon OSF, Theresa Firenze OSF</p> <p><b>Guided Retreat</b>  <b>“The Four-Fold Way”: A Woman’s path to Wisdom Following in the Footprints of Jesus</b>                  August 22 to 28, 2020                  Clare D’Auria OSF</p> <p><b>T’ai Chi Chih Retreat</b>                  August 16 to 21, 2020                  Antonia Cooper OSF  <b>\$425</b></p>
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### Clare House Opportunities

<p><b>Franciscan Solitude Experience</b>                  February 14-17, 2020                  Jean Ustasiewski OSF                  \$240 each (\$50 deposit)</p> <p><b>Contemplative Mornings</b>                  Second Wednesdays                  October 9, 2019 through May 13, 2020                  Jean Ustasiewski OSF                  \$20 (due with registration)</p>	<p><b>Directed Retreat Weekends</b>                  October 18-20, 2019 and April 24-26, 2020                  Mary Walsh                  \$190 (\$30 deposit)</p> <p><b>Guided Retreat Weekends</b>                  May 8-10, 2020                  Jean Ustasiewski OSF                  \$180 Weekend, (\$30 deposit) \$120 overnight \$60 Day only</p>
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**Clare House**  
 \$40 day / \$45 overnight  
 Group rates are available

**Hermitages**  
 \$35 day / \$40 overnight  
 Spiritual Direction during your stay  
 \$30 per session

**HELPFUL INFORMATION....**

A complete description of our events will be available on our website and published before May 1st and in our Fall/Spring brochures mailed in July and January.

**Registration** for events in this preview sheet **begin on MAY 1, 2019.** For your convenience, event registration can be completed online at [www.fscaston.org](http://www.fscaston.org). Visit our website for details ([www.fscaston.org](http://www.fscaston.org)). You can register online and mail in your deposit (not registered until deposit received) or you can register or pay your deposit or full cost online. All online payments go through either PayPal or Stripe. Stripe is integrated into our system. If you chose paypal you will need to set up a PayPal account the first time (if you do not already have an account). The PayPal username and password you create can then be used anytime you pay online on any site that uses PayPal. Both PayPal and Stripe keep your credit card information confidential; we never see it.

**RETREAT IN EVERYDAY LIFE:**  
*Mary Walsh, OSF*  
 Call 610-558-5310 for more information

*Have you always wanted to make an extended retreat but cannot get away from home and/or job? God’s love is unconditional, merciful, personal and intimate. This retreat enables you to make the Spiritual Exercises as compiled by St. Ignatius of Loyola in the midst of your everyday life. You will be invited to open yourself more completely to the experience of God’s personal love for you. Extending over a six to eight month period, the retreatant meets once a week with the director and commits to one hour of prayer each day. Those interested must already be in spiritual direction for one year. An Advent and/or Lenten Retreat Series can be a part of the Retreat in Everyday Life.*